

FITNESS CENTER INCENTIVE



START YOUR NEW YEAR OFF RIGHT

January 13 - March 9, 2025

1. Download Strava app free version
2. Follow Ivy Tech Wellness Center, and we will follow you back
3. Workout at the Fitness Center for a minimum of 20 minutes, a total of 16 times, and record your workout on Strava
4. Receive free Wellness T-shirt or backpack at end of incentive!



Welborn Foundation
Wellness & Fitness Center

@IVYTECHWELLANDFIT