

THREAT ASSESSMENT TEAM

Quick Guide for Mental Health Crisis Intervention Plan

If any self or other harm action has been taken by the student off campus call 911 immediately. If any self or other harm action has been taken by the student on campus alert security immediately.

THREAT ASSESSMENT TEAM

Security and a member of the threat assessment team will start a conversation with the student to determine the risk level. During the interaction with the student, questions might be asked.

- How can I best support you right now?
- When you have experienced difficulties in the past, what has helped?

Students should be encouraged, and affirmation should be provided that they are not alone in this situation. You might say something like, "I am here for you", or "While I might not understand exactly how you feel I care about you, and I want to help." It is always a great idea to share resources that are offered on the college campus.

While you are listening to the student, remember to listen actively and without judgment. Always remain patient and accepting. The conversation may seem negative and uncomfortable, but talking is always a positive step. Many times, it is not about saying exactly the right words, it is just important to show that you care.

Once the situation has stabilized and conversations are over, both members associated with this interaction will fill out their respective reports (security report and incident report) and share them with each other.

RISK LEVELS:

High Risk (acute – seek help immediately)

- Direct statement about self-or other- harm with immediate thoughts/plan/means/access/intent.
- Under the influence of alcohol or drugs that could lead to harm.

Moderate Risk

- Direct statement about self- or other- harm without immediate thoughts/plans/means/access/intent
- Ongoing mental health issues.
- Psychosis without threatening statement(s) or behavior(s)

Mild Risk (non-acute)

- Mental Health concern about self or others without the risk of suicide.
- Situational event concerning self or other concerning to stress or anxiety