



Anthem's Telehealth App

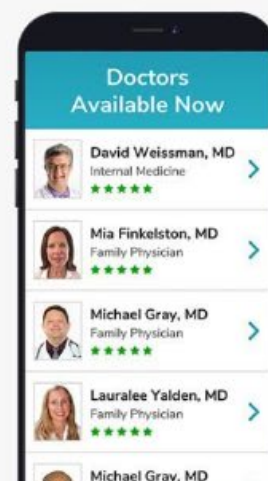
LiveHealth[®]
O N L I N E

No Waiting Room, No Need to Leave Home

See a board-certified doctor 24/7 - You don't need an appointment to see a doctor. They're always available to assess your condition and send a prescription to the pharmacy you choose, if needed. It's a great option when you have pink eye, a cold, the flu, a fever, allergies, a sinus infection or another common health issue.

Visit a licensed therapist in four days or less - Have a video visit with a therapist to get help with anxiety, depression, grief, panic attacks and more. Schedule your appointment online or call 1-888-548-3432 from 8 a.m. to 8 p.m., seven days a week.

Consult a board-certified psychiatrist within two weeks - If you're over 18 years old, you can get medication support to help you manage a mental health condition. To schedule your appointment, call 1-888-548-3432 from 8 a.m. to 8 p.m., seven days a week.



Your Anthem plan includes video visits using LiveHealth Online, you just pay your share of the costs – usually \$59 or less for medical doctor visits, and a 45-minute therapy or psychiatry session usually costs the same as an office mental health visit. **Visit livehealthonline.com or download the app and register on your phone or tablet.**

Finding a Primary Care Physician (PCP) In Your Plan

With your Anthem plan, you get access to a large network of doctors across the country – so you have more choices when selecting your PCP. Finding an in-network PCP is easier with our online tools. You can search for a doctor by name or look for one near you. Avoid getting care from doctors outside your plan because it will likely cost you more, or your plan may not cover it at all.

1. Go to anthem.com/find-doctor
2. Choose your search:
 - Search as a Member: Use your member ID card number or log in with a username and password.
 - Search as a Guest: Select a plan or network,* or search by all plans and networks, to get started.
3. Select a type of doctor and location or search within a certain distance of your location.